



**Zero Suicide
International Forum**
Trans-Tasman Zero Suicide
Healthcare Alliance

Tuesday 25th March 2025

Session 1. Leading Zero Suicide Healthcare Reform

Our first session will focus on leadership and the important the role of leading suicide prevention reform within healthcare settings.

We will explore the motivation of leaders to drive reform within their organisations and provide examples of key learnings from influential leaders on Zero Suicide Healthcare reform.

The session is aimed at current and future leaders who aspire to achieve system reform in managing suicidality within health and across government agencies.

Program outline

9.00am Welcome and Acknowledgement of Country; Recognition of Lived Experience

9.15am Why focus on healthcare?

- Lived expertise leadership
- Clinical leadership
- Zero Suicide Healthcare across Australia and New Zealand

Short break

10.30am Leaders driving cultural change

- Restorative just and learning culture as a foundation for Zero
- Psychological safety
- Responding to incidents

Short break

11.45am Zero Suicide Healthcare Leadership

- Moving forward with Zero rather than focusing on Zero as a target
- Motivation to change
- Overcoming barriers

1.00pm Wrap up from the day

Tuesday 1st April 2025

Session 2. Zero Suicide the Journey so far...

Our second session will take a deeper dive into Zero Suicide Healthcare achievements so far across Australia. We will explore key information on implementation successes and barriers and share learning.

The opportunity to amplify learning and share resources will be provided in this session. Participants will select three discussion topics from a list of five to explore in more detail these areas for implementation.

The Session closes with a panelled Q&A discussion.

Program outline

9.00am Welcome and Acknowledgement of Country; Recognition of Lived Experience

9.10am The Journey so far...

- Hear from each State lead for Zero Suicide Healthcare
- Participate in an open discussion with presenters

Short break

10.15am Zero Suicide breakout clinics: select three from the following

1. Evaluation – What to measure? How? When?
2. Engaging family and other natural supports
3. How to keep staff well and provide support after a suicide
4. Working with Indigenous populations
5. Using data to assess community needs in designing Zero

Short break

1.00pm Closing panel discussion on Zero Suicide Healthcare
